



CARE BC'S RESPITE CARE WILL BE EXPANDING

The Health and Home Care Society of BC (Care BC) has supported British Columbians with tailored healthcare initiatives since 1898. This tradition of caring continues today with preventative and supportive services designed to enhance the health and quality of life of those most in need. Also, with the support of Care BC's community-based programs, people are able to remain living in their own homes longer.

The **Meals on Wheels** program has been helping isolated and homebound seniors in Vancouver and Richmond since 1967. A **Chinese Meals on Wheels** program, with authentic Asian cuisine delivered by Chinese-speaking volunteers, was launched in 1996. Housing is a major barrier for people with disabilities who are trying to make the transition from rehabilitation to independent living. To assist these individuals, the **Community Integration Project** was launched by Care BC in 2000 and provides support services and two specially designed and equipped apartments at St. George's Place in Vancouver for short-term tenancy. The **Family Respite Centre**, in operation since 2002, also supports families to continue living together. Due to the growing demand for this service, we are pleased to announce the development of a second Family Respite Centre to be located on the North Shore of Vancouver.

What is Respite Care? Caring for a dependent loved one is a full time responsibility that many caregivers do for years at a time without a single day of rest. Guests of the Family Respite Centre – adults who may have functional and/or cognitive limitations, and/or a chronic illness – receive care from a dedicated nursing team optimizing their levels of physical, social and emotional functioning. Their caregivers get the support they need and a break (or respite) from their caregiving duties. With respite, many caregivers can continue to care for their loved ones.

The Family Respite Centre in Vancouver receives operational funding from Vancouver Coastal Health (VCH) to support residents living within VCH's service area. The demand for the 12 overnight respite beds and 20 Adult Day Program spaces is high with waiting lists for both programs. In 2008 the Care BC Board identified the need to develop and operate a second respite program on the North Shore of Vancouver. Since that time Care BC's Executive Director has been working with staff from the District of North Vancouver (DNV) to identify District-owned land on which to build another respite centre.

After almost a decade, the plans to move forward are taking shape. A community engagement process was undertaken by the DNV in 2016 to help determine the future use of the Delbrook Lands located at 600 West Queens Road, which formerly housed a Recreation Centre (now transitioned to a new location at 851 West Queens Road). Non-market housing and services for seniors and for children were identified by the community as key priorities. Earlier this year the DNV Council directed staff to commence discussions with potential non-profit housing providers, community service providers, and senior government agencies to begin to address these needs.

At the July 24, 2017 Regular Council Meeting of the DNV, Care BC and Catalyst Community Developments Society (Catalyst) were identified as the successful partners to fund, construct and operate community services and non-market housing on the southern portion of the Delbrook site. The DNV will retain ownership of the land.

Care BC's 20 space Adult Day Program and 12 Overnight Bed Respite program is planned for the ground floor (with parking underground), and Catalyst's non-profit housing will be developed on the floors above. The scale, size and layout of this project will be refined through

design development, operational review and municipal approvals processes this fall, with further public input.

Care BC and Catalyst's partnership involves Catalyst undertaking the responsibility of project management in the design and build process. Both Societies will be working collaboratively, but independently, to obtain the capital dollars to complete the project. Care BC has secured the annual operational funding for the Family Respite Centre from VCH.

Although there is still much work to be done, we are pleased to have reached a significant milestone in the journey towards a second Family Respite Centre. We will continue to provide updates as we move forward with the planning process. Learn more about the FRC, or how to become an FRC volunteer on our website www.carebc.ca/family-respite-centre. To make a donation supporting and improving programming at the FRC, visit www.carebc.ca/donate.



The Family Respite Centre Summer Picnic 2017. Members of the community often provide entertainment for the FRC guests, volunteers and staff.



DAVID KIMPTON HONOURED BY GOVERNOR GENERAL

The Sovereign's Medal for Volunteers recognizes the exceptional volunteer achievements of Canadians from across the country in a wide range of fields. The medal, presented by the Governor General, is awarded to people who have "made significant, sustained and unpaid contributions to their community in Canada or abroad", and who demonstrate "an exemplary commitment through their dedicated volunteerism."

David Kimpton – Care BC Board Member, Secretary – was awarded the medal earlier this year. We thank David for his support and extend heartfelt congratulations!



In April 2017, David Kimpton received a recognition pin from Care BC for 30 years of volunteer service. The Honourable Judith Guichon, Lieutenant Governor of British Columbia, attended the volunteer and staff recognition event.

CELEBRATE 50 YEARS OF MEALS ON WHEELS

Tickets are still available for our Meals on Wheels 50th Anniversary Celebration Dinner & Dance fundraiser Oct. 21st, 2017 at the Westin Bayshore. The evening will feature a silent auction, live auction and raffle prize draw as well as entertainment from *The Fab Four*, Canada's Best Tribute to the Beatles.

Tickets for the raffle draw, \$10 each, can be purchased in advance; winners need not be present at the Oct. 21st event. Raffle tickets will also be available at the Dinner, cash only.

- Grand Prize: **Japan Airlines - 2 Round-trip, Economy class tickets** (Vancouver to Tokyo)
- Prize 2: **\$1,188 Cash prize** (sponsored by Alfred Poon & Mimi Chan at AssetPlus Financial Services Inc.)
- Prize 3: **\$778 Supreme Banquet for 10 people** (sponsored by the Kirin Restaurant Group)

We have many people to thank for supporting this event including our sponsors, community partners, media sponsors, volunteers and donors of gifts for our silent and live auctions, and the raffle draw. Visit our website for a full listing of our supporters and to purchase raffle or event tickets - www.carebc.ca/meals-on-wheels-50th-anniversary.

THANK YOU PROJECT BOYS POWER

In June 2017, participants in the *Project Boys Power* competition (which aired on Fairchild TV) helped out Care BC's Meals on Wheels program. The group delivered meals in the community, visiting briefly with clients and checking on their well-being. Thanks for your support!

Learn how you can support the Meals on Wheels program as a volunteer at www.carebc.ca/volunteering.



For more information, visit <http://projectbp2017.fairchildtv.com/en/>

RECEIVE CARE BC UPDATES ON FACEBOOK

If you aren't already receiving Care BC updates from our social media platforms, visit [facebook.com/HHCSBC](https://www.facebook.com/HHCSBC) or twitter.com/Care_BC for news and information. Care BC recently launched a Chinese Facebook page for clients, volunteers and people interested in the Chinese Meals on Wheels program. Check out the page at www.facebook.com/CareBCchinese.

KUDOS TO OUR MACAULAY CLUB

Thank you to the following organizations who joined our Macaulay Club between May 10, 2017 and August 22, 2017 by making a donation of \$500 or more to our charitable programs.

- CIBC Children's Foundation
- The Lohn Foundation
- The Wolrige Foundation
- Dr. David Li Inc.
- The Schein Foundation

We also thank our individual donors, program partners (Fair Haven United Church Homes Society, the Vancouver Foundation, St. George's Place Society, Vancouver Coastal Health), and acknowledge the financial assistance of the Province of British Columbia.

If you or your company would like to support our charitable programs, call 604-733-6614 or visit www.carebc.ca/donate.
Charitable Tax No. 13082-8791-RR001

家庭暫托中心擴展計劃

卑詩護理會 (Care BC) 自1898年以來在卑詩省開始了最早期的社區服務，當中包括醫療及家庭支援服務。直至今日，我們仍秉承當年之傳統理念，提供社區醫療及關懷照顧，最終希望能讓更多有需要的人可留在家中過更長的獨立家居生活。

1967年我們推出「送餐服務」，主要是向列治文和溫哥華社區有需要之人仕提供營養熱餐。1996年開始，更推出全國首創中式送餐服務，由說華語的義工派送餐食，令受患者感到特別親切溫馨。

另外，對於一些因意外而至殘障的人仕，2000年我們推出「社區融合計劃」幫助受影響的傷殘人仕能在家中重新過獨立生活。在2002年，Care BC開辦「家庭暫托中心」，希望能服務一些於精神及健康上需要支援的長者/患者提供一個有在家感覺的舒適環境來幫助他們保持身心健康。由於近年須求大增，我們計劃將服務擴展到溫哥華北岸建立第二個「家庭暫托中心」。

為何設立「家庭暫托中心」？

卑詩護理會設立「家庭暫托中心」目的是給護理人員(caregiver)一個休息空間，因為一個全職的護理人員責任非常重，一年可能沒有一天的休息。而他們照顧可能是自己的家庭成員；好像父母，有些可能患有認知障礙或慢性疾病的。護理人員所承受的壓力非常大，他們確實須要休息機會。「家庭暫托中心」可以給這些護理人員一個喘息機會，令他們日後更有力照顧他們需要照顧的人。

現時卑詩護理會「家庭暫托中心」的營運經費是由溫哥華沿岸衛生局 (Vancouver Coastal Health, VCH) 資助。對於現時只有12個過夜房間及20個成人日間活動空間的「暫托中心」實在供不應求。在2008年，Care BC董事會確定了在溫哥華北岸展開第二個「家庭暫托中心」的必要性。自那時開始卑詩護理會行政總監一直與溫哥華北區 DNV (District of North Vancouver) 的工作人員溝通及商議整個計劃的詳情。

近十年來，整個計劃續漸成形。DNV於2016年進行社區參與程序，以協助確定位於600 West Queens Road的土地未來使用用途，此地以前設有一個康樂中心（現已轉移至851 West Queens Road 號的新址）。選址主要是發展非營利房屋計劃並融入長者或兒童服務為重點。今年初，DNV理事會指示工作人員開始與非營利房屋組織、社區服務機構、三級政府等不同單位進行討論。

在2017年7月24日，DNV, Care BC卑詩護理會 和Catalyst社區發展協會三個組織終於確定在Delbrook南部一起共同合作發展，包括從集資，興建及經營社區服務等達成協意並成為合作夥伴。DNV將保留土地的擁有權。

我們計劃此地區興建另一所擁有12個過夜房間及20個成人日間活動空間的暫托中心（包括地下停車場），而Catalyst社區發展協會的非營利房屋計劃將興建在上層。整個項目的發展、規模或設計將透過進一步研究及市政府審批程序，再作公開諮詢。

這項工程合作，Catalyst社區發展協會在整個興建過程中承擔該項目管理的責任。兩個機構各自獨立工作，並共同取得撥款來完成項目。卑詩護理會現已落實從VCH取得「家庭暫托中心」的營運資金。

雖然要完成整個項目仍然有很多工作須要跟進，但我們非常高興在建設第二個「家庭暫托中心」的過程中邁出了重要的一步。我們會繼續在規劃過程中不斷提供最新有關北岸「家庭暫托中心」的信息。如希望成為「家庭暫托中心」的義工，可上網址 cn.carebc.ca/family-respite-centre.html。如支持並希望參與此項建設而捐助善款，請到網址 cn.carebc.ca/donate.html。



2017溫哥華「家庭暫托中心」舉行夏季野餐同樂日！社區成員為中心的嘉賓、義工及員工提供娛樂活動。



表揚特出義工工作 DAVID KIMPTON 授勳

「至尊義工勳章」(Sovereign's Medal)是加拿大一個全國性來表揚一些特別優秀義工的獎章。此項勳章是由省督頒發那些在加拿大或國外對其社區作出重要、持續及沒有報酬的工作，通過此勳章來表揚他們義工精神及對社區承諾的模範。David Kimpton (卑詩護理會董事會秘書長) 早前獲得此項勳章，在此，特別恭賀 David Kimpton !



今年2017年4月，卑斯省省督 Judith Guichon 出席「義工表揚日」頒發義工勳章予 David Kimpton，表揚 David 參與義工工作30年

卑詩護理會「送餐服務」五十週年

卑詩護理會「送餐服務」今年踏入五十週年，為慶祝這個特別日子，我們將於2017年10月21日假座Westin Bayshore Hotel 舉行「卑詩護理會送餐服務五十週年籌款晚宴」，有最佳樂隊 the Fab Fourever 演出Beatles 多首名典。餐券每位\$195。

「愛心慈善獎券」每張\$10，備有一套10張裝(\$100)，抽獎日期：2017年10月21日於Westin Bayshore Hotel 舉行。

- 頭獎由日本航空(Japan Airlines)送出雙人溫哥華日本東京來回經濟客位機票兩張
- 二獎由加富專業理財(AssetPlus Financial Services Inc)送出現金獎\$1188
- 三獎由麒麟海鮮酒家送出\$778 名貴酒席一圍(十人用)

感謝各界朋友及贊助商支持，欲知進一步詳情及購票，請上網址：www.carebc.ca。

新時代電視「溫哥華型•男家族」暖男送餐

型男之道不只局限於帥氣外型，有一顆關懷社區的心，更顯真心「型」。新時代電視一群型男家族參加了卑詩護理會 Care BC的「送餐服務」，當上義工負責將熱騰騰的中餐送到長者的住所，將愛心及溫暖送給他們。



回饋你的社區，令需要關懷的長者生命變得不一樣！請加入我們送餐服務團隊。致電義工專線(中文)：604-733-6615或到網址：cn.carebc.ca/volunteering.html

CARE BC 卑斯護理會 中文臉書面世

卑詩護理會開展了中文臉書 (Facebook page)，欲知道我們最新動態，請到我們臉書上溜覽！

Care BC Facebook page: www.facebook.com/careBCchinese

歡迎加入MACAULAY CLUB

感謝以下商號在2017年5月10日至 2017年 8月22日成為我們 Macaulay Club成員(捐助超過\$500元或以上)，幫助Care BC各項社區服務。

- CIBC Children's Foundation
- The Lohn Foundation
- Dr. David Li Inc.
- The Schein Foundation
- The Wolrige Foundation

同時亦感謝我們以下的項目伙伴：包括：Fair Haven United Church Homes Society, The Vancouver Foundation, St. George's Place Society, Vancouver Coastal Health. 及鳴謝卑詩省政府的財務支援。

若貴公司 / 商號願意捐助支持Care BC 各項社區服務，請電(604) 733-6614，或網上捐獻www.carebc.ca/donate。