HEALTH & HOME CARE SOCIETY OF BC (CARE BC)

2016-2017 Annual Report



Providing health promotion and supportive care services to communities in British Columbia since 1898



The Health and Home Care Society of BC (Care BC or "the Society") is an independent, BC-based not-for-profit organization. Since 1898, Care BC has been caring for British Columbians with targeted health care initiatives. Care BC was one of the founding branches of the Victorian Order of Nurses (VON) as the BC branch. When VON Canada restructured as a national entity in 2006, Care BC opted to become an independent organization, adopting our current name at that time.

We are proud to celebrate yet another year of service to the community in our long, 119-year history. Care BC continues to be guided by our mission - providing health promotion and supportive care services to communities throughout British Columbia through our Health Promotion Services. And our charitable programs - Meals on Wheels, the Family Respite Centre, and the Community Integration Project - promote our vision of a future where seniors live independently in their own homes.

As we reflect on another year of success, we are also looking ahead to a major milestone occurring this fall - Care BC's Meals on Wheels program will celebrate it's 50th Anniversary! Originally started during Canada's centennial year, the pilot project was launched in October 1967. Whereas the need for the service was apparent very early, the ongoing value of the service has been proved by it's nearly 5-decade history. We are planning our Meals on Wheels 50th Anniversary Celebration Dinner & Dance Fundraiser on October 21st, 2017. Visit our website for more information (www.carebc.ca).

Our important work could not be accomplished without the commitment and dedication of the Care BC's outstanding staff, and our loyal volunteers and donors to whom we express our deepest gratitude. Care BC also acknowledges the significant support we receive from the Vancouver Coastal Health Authority, the Fair Haven United Church Homes Society, the Vancouver Foundation and St. George's Place Society. Combined with financial assistance from the Province of British Columbia, these contributions allow us to provide invaluable services to people in need across the province.

THANK YOU!



Dr. Inge Schamborzki, Care BC Executive Director (left) with Tom Chambers, Board President (right) with The Honourable Judith Guichon Lieutenant Governor of British Columbia (centre); pictured at our Annual Volunteer Recognition Event April 28th, 2017 at the Family Respite Centre.

Tom Chambers, Board President

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Inge Schamborzki, Executive Director

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Care BC 2016-2017 Program Overview

Meals on Wheels (MOW)

Care BC's **Meals on Wheels (MOW)** program has operated in Vancouver since 1967. The program started as a centennial pilot project - as Canada turns 150, MOW celebrates 50 years of service to the community in the fall of 2017.

For people confined to their home by illness or frailty, a hot meal and human contact can otherwise feel out of reach. Our network of 350 Western and Chinese MOW volunteers delivered almost 118,000 meals last year to 1,234 clients, along with a brief friendly visit and informal safety check. Fifty-eight percent (58%) of our meal recipients report living alone and thirteen percent (13%) are over 90 years old.

Family Respite Centre (FRC)

Care BC's **Family Respite Centre** (FRC) provides short–term caregiving relief for families in need of a break from caregiver responsibilities. Allowing caregivers time to take care of themselves enables them to continue their compassionate care in their own homes while avoiding the effects of caregiver burnout.

The FRC, a custom-designed, homelike environment, opened at its current location in 2002. Seniors with mental and/or physical frailties receive care either through our Adult Day program or Overnight Respite program as well as culturally appropriate recreational and therapeutic activities. Last year the FRC served over 300 families, most of whom returned more than once throughout the year.

Community Integration Project (CIP)

The Community Integration Project (CIP) helps people facing sudden, unexpected physical disabilities by providing accessible, affordable housing and assistance coordinating transitional support. Since its inception in 2000, the program has helped 84 individuals and their families find appropriate places to live enhancing their reintegration to their communities. Up to six tenants per year (with a family member if they choose) can stay in one of two specially designed and equipped apartments at St. George's Place in Vancouver.

The CIP allows people to leave the hospital early, surrounded by family and friends, while benefitting from out-patient rehabilitation services at GF Strong.

Health Promotion Services (HPS)

The health and well-being of British Columbians has been a priority for Care BC since the very beginning. The **Health Promotion Services (HPS)** department was launched in 1997 as a social enterprise to fund our charitable programs. HPS clients - individuals and companies - receive care from our team of Registered Nurses, including customized home, workplace and community wellness programs as well as immunization and screening clinics.

During the 2016-2017 flu season, our HPS nurses delivered over 200 flu clinics across the province, administering approximately 6,000 flu shots.

Highlights of the 2016-2017 Audited Financial Statements

Statement of Financial Position – Health & Home Care Society of BC

As At March 31, 2017 & March 31, 2016

| | March 31 | | March 31 |
|---|-----------|----|-----------|
| | 2017 | | 2016 |
| ACCETC | | | |
| ASSETS CURRENT ASSETS | | | |
| | 90 /00 | ¢ | 21 220 |
| Cash \$ | 80,490 | \$ | 31,338 |
| Accounts Receivable | 144,470 | | 114,778 |
| Prepaid expenses and inventory | 24,575 | | 13,106 |
| | 249,535 | | 159,222 |
| CAPITAL ASSETS | 62,398 | | 30,570 |
| HERITAGE FUND | 966,585 | | 780,130 |
| BESSIE LUTEYN FUND | 191,921 | | 260,893 |
| ELIZABETH WATTERS FUND | 476,236 | | 390,064 |
| NETTIE POLISCHUK FUND | 65,100 | | 50,000 |
| \$ | 2,011,775 | \$ | 1,670,879 |
| | | | |
| LIABILITIES | | | |
| CURRENT LIABILITIES | | | |
| Accounts payable and accrued liabilities \$ | 269,957 | \$ | 225,090 |
| Deferred revenue | 178,366 | | 68,635 |
| | 448,323 | | 293,725 |
| DEFERRED CONTRIBUTIONS | 733,257 | | 650,957 |
| DEFERRED CONTRIBUTIONS | 1,181,580 | | 944,682 |
| | 1,101,300 | | 744,002 |
| NET ASSETS (DEFICIENCY) | | | |
| INVESTED IN CAPITAL ASSETS | 62,398 | | 30,570 |
| HERITAGE FUND | 966,585 | | 780,130 |
| UNRESTRICTED | (198,788) | | (84,503) |
| | 830,195 | | 726,197 |
| <u> </u> | 2,011,775 | \$ | 1,670,879 |

Highlights of the 2016-2017 Audited Financial Statements cont...

Statement of Operations – Health & Home Care Society of BC

For the Years ended March 31, 2017 & 2016

| | 2017 | 2016 |
|--|-----------|-----------------|
| REVENUE | | |
| Family Respite Centre \$ | 1,493,339 | \$ 1,478,606 |
| Meals on Wheels | 1,002,213 | 944,291 |
| Health Promotion Services | 320,524 | 405,248 |
| Fundraising and Investments | 529,821 | 447,503 |
| Community Integration Project | 25,230 | 26,099 |
| | 3,371,127 | 3,301,747 |
| | | |
| EXPENSES | | |
| Family Respite Centre | 1,568,000 | 1,511,842 |
| Meals on Wheels | 1,159,122 | 1,068,049 |
| Health Promotion Services | 478,834 | 586,860 |
| Fundraising and Investments | 156,057 | 97,796 |
| Community Integration Project | 10,984 | 17,204 |
| | 3,372,997 | 3,281,751 |
| | | |
| DEFICIENCY OF REVENUE OVER EXPENSES | (1,870) | 19,996 |
| UNREALIZED GAIN (LOSS) IN VALUE OF HERITAGE FUND | 105,868 | (34,225) |
| | | |
| (DEFICIENCY) EXCESS OF REVENUE OVER EXPENSES FOR THE YEAR \$ | 103,998 | \$ (14,229) |

Approved by:

Tom Chambers, Board President

Doug Purdie, Vice President and Treasurer



OUR SUPPORTERS

Honourary Patron

Her Honour The Honourable Judith Guichon, OBC, Lieutenant Governor of British Columbia

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2016-2017 MACAULAY CLUB DONORS

The Macaulay Club recognizes supporters who donate a total of \$500 or more in a fiscal year to Care BC. The Club is named in honour of May Macaulay, whose tireless advocacy on behalf of isolated families led to the creation of our organization in 1898, as one of the founding branches of the VON.

Sustaining Partner (\$25,000+)

Shirley MacFarlane

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THE LOYALTY CLUB

The Loyalty Club recognizes supporters who have made donations in each of the last five fiscal years to Care BC.

Loyalty Club Members April 1, 2012 – March 31, 2017

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Army, Navy & Airforce Veterans in

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Carel Ballard
Barbara E. Barrett
Edith Bernard
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The Wolrige Foundation

Audra M. Yap Gloria Zilinski

We gratefully acknowledge all of our donors from April 1, 2016 to March 31, 2017.

Care BC would also like to thank the many other donors who have supported our activities during this year. Please know that your support is truly appreciated. If we have inadvertently made any errors or omissions, please accept our apologies and contact the Health & Home Care Society of BC office.



OFFICE

204 - 3077 Granville Street Vancouver, BC V6H 3J9

T: 604-733-6614

F: 604-733-6698

info@carebc.ca

FAMILY RESPITE CENTRE

2711 East 49th Avenue

Vancouver, BC V5S 1K3

T: 604-327-9525

F: 604-327-9528

PROGRAM CONTACTS

Meals on Wheels: 604-732-7638

Chinese Meals on Wheels: 604-733-6615

Health Promotion Services: 604-733-9177 ext 111

Volunteer Programs: 604-733-9177 ext 107

To make a tax-deductible donation to our charitable programs, please call 604-733-6614 or visit www.carebc.ca