

Care BC Newsletter

Summer 2019

carebc.ca

Meals on Wheels | Family Respite Centre | Community Integration Project

THANKS RICHMOND HONDA FOR YOUR SUPPORT!

Earlier this year, Care BC leased two new Honda CRV vehicles from Richmond Honda for use in our Meals on Wheels (MOW) programs and at our Family Respite Centre (FRC). Richmond Honda not only paid for the Care BC branding on the cars but also reduced our effective lease costs with a very generous donation.

Hopefully you will see the vehicles around town, used on MOW delivery routes by staff or volunteers. The CRV is also used for outings with some of the overnight FRC guests. The branding reminds other drivers that we are always looking for volunteer support.

One Richmond Honda employee inquired about volunteering when he noticed the branding on the CRV at the dealership. Richmond Honda, and its employees, have a long Richmond and Vancouver. Being



Inge Schamborzki, Care BC Executive Director, and Henning Brasso, Richmond Honda owner.

tradition of supporting charitable able to supply a "set of wheels" for causes. The dealership has been part the program seemed like the perfect of the community for 45 years and is one of the largest Honda dealerships in Canada. Henning Brasso, who has owned the dealership for the last 30 years, said "I'm very proud to support the charitable programs operated by Care BC, particularly the Meals on Wheels programs which operate in

way to give back to the community".

We thank Mr. Brasso and Richmond Honda for their generous support!

Anyone interested in Meals on Wheels volunteer opportunities can learn more at www.carebc.ca/volunteering.



The Health & Home Care Society of BC (also known as "Care BC") is celebrating 120 years of service to the community this year!

The Victorian Order of Nurses (VON) was founded in 1898 by Lady Aberdeen, the wife of Canada's Governor General of Canada, in recognition of Queen Victoria's Diamond Jubilee and in response to a resolution passed by the National Council of Women. The resolution identified the urgent need for visiting communities and helped meet the nursing services in remote areas of needs of families unable to afford Canada where medical services were healthcare. Supported by donations British Columbia in 1998. When limited. That year VON branches and small government grants, these the VON restructured as a national were opened in Halifax, Kingston, Montreal, Toronto and Vancouver.

That same year, an expedition by 4 VON nurses during the Klondike

CELEBRATING 120 YEARS OF SERVICE

Gold Rush brought early notoriety With the introduction of universal to the organization. Contemporary brave women "leaping, springing and climbing over sharp and jagged rocks, a strain that only the strongest and most sinewy woman could bear." Upon reaching Dawson, the nurses cared for many victims of a serious typhoid epidemic.

Between 1898 and 1952, eight branches, additional nursing and home support services, opened in BC: Victoria, Burnaby, North Vancouver, Surrey, West Vancouver, Trail, Richmond and Nanaimo. VON nurses opened cottage hospitals along the coast, provided care to remote northern nurses delivered babies, offered new mothers' education and clinics, collected clothing and supplies for young families and provided nursing care to the underprivileged.

health insurance in Saskatchewan in newspaper accounts described these 1964, it was evident that the role of VON nurses would change. Medicare became a national reality in 1968 and funding for provincial health services changed significantly.

> In 1976, the BC government decided that nursing and physiotherapy services that had been provided by the VON in BC would be handled by providing public health staff. Some of the VON branches still operating at that time could no longer afford to provide nursing services without financial support from the government then closed. The VON Richmond-Vancouver Branch, which had been incorporated in 1971, continued and ultimately changed its name to the Victorian Order of Nurses (VON) entity in 2006, VON BC became an independent organization and adopted its current name at that time.

> > ... continued on the next page.

Care BC has focused on providing preventive and supportive health services that keep people as healthy as possible and living in the comfort of their own homes and communities for as long as they so choose. Care BC's current charitable programs include:

- Meals on Wheels (MOW), started in 1967 and Chinese Meals on Wheels (CMOW), started in 1996.
 MOW and CMOW serve Vancouver and Richmond.
- The Family Respite Centre (FRC), opened as an integrated program at its current Vancouver location

in 2002. The FRC became the permanent home of the *Adult Day Program*, started in 1979, and the *Overnight Respite Program*, started in 2000.

• The Community Integration Project, started in 1999.

While the programming and services offered have evolved, the organization's commitment to the health and well-being of British Columbians has never wavered throughout its 120 year history. This tradition of caring continues to this day.

Ост. 17^{тн}, 2019 Join us as we celebrate 120 years of service to the community at our 11th Annual Fundraising Dinner & Auction, Thursday Oct. 17th, 2019. The event at the Kirin Chinese Restaurant (City Square Mall) will feature live and silent auctions. Tickets are \$98 (with a \$50 charitable tax receipt) and are available online now: www.carebcfoundation.ca/oct-17-2019-fundraiser

THANK YOU VOLUNTEERS!

National Volunteer Week 2019 (April 7-13) celebrated "The Volunteer Factor: Lifting Communities". At our annual recognition event we thanked our team of over 390 volunteers and staff members for their dedication. We could not operate our charitable programming without their support! The event at the Family Respite

Centre specifically recognized volunteers and staff who have reached 5-year milestone anniversaries. The longest serving volunteer recognized this year has helped our Meals on Wheels program for an astounding 25 years! Board member Doug Purdie, Vice-President, Treasurer, presented pins to all volunteers and staff members who celebrated anniversaries this year. More photos are available online at www.carebc.ca/events.



Top Row: Doug Purdie, Board Member, presents pins to (l-r) Mike O'Neill - FRC Volunteer for 5 years, Georgina Tsang - CMOW Volunteer for 10 years, and Gary Birtwistle - MOW Volunteer for 25 years.

Bottom Row: Group photos of our volunteers with Care BC Staff.

Jun. 26th, 2019

Join us for our 120th **Annual General Meeting** on June 26th, 3:45-5:30 pm at the Family Respite Centre, 2711 East 49th Avenue, Vancouver. We'll share updates from the previous year and present our Annual Report. Contact Sheila to RSVP (604-733-6614 or info@carebc.ca).

KUDOS TO OUR MACAULAY CLUB

Thank you to the following organizations who joined our Macaulay Club between January 23^{rd} , 2019 and May 9^{th} , 2019 by making a donation of \$500 or more to our charitable programs.

- Lee Turner & Associates Inc.
- Pacific Chinese Cultural Society of Canada
- Schein Foundation
- Vancouver Chinatown Lioness Club

We also thank our individual donors, program partners (Fair Haven Homes Society, the Vancouver Foundation, St. George's Place Society, Vancouver Coastal Health), and acknowledge the financial assistance of the Province of British Columbia.



卑詩護理會

2019 夏季通訊

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感謝RICHMOND HONDA的支持!

Richmond Honda 為大溫地區服務已有45年,是加拿大最大的本田經銷商之一。無論店主Henning Brasso或 Richmond Honda 的員工多年來一直都非常支持社區慈善活動,當中包括支持Care BC 送餐服務。當中包括支持Care BC 送餐服務的瞟誌,是因為他們早些時候幫助了Care BC 租賃一部CRV車作慈善服務用途。他們不但支付了汽票的出資成本。



Inge Schamborzki, Care BC行政總監 與Richmond Honda店主 Henning Brasso

我們使用這部車輛在送餐服務(MOW)及家庭暫托中心(FRC)於市區內奔馳,除了日間用作送餐外,有些時在夜間我們會用於家庭暫托中心帶一些客人出外用途。

擁有經銷權30年的Henning Brasso說: "我感到很自豪能夠支持Care BC在社區的慈善工作,特別是在列治文和溫哥華的送餐服務。我感到非常高興能夠用"車輛" 幫助Care BC的送餐服務是回饋社區最完美的方式!"。

我們感謝Richmond Honda店主 Henning Brasso先生和Richmond Honda的慷慨支持!有興趣加入我們義工送餐團隊,請到cn.carebc.ca/volunteering.html 了解更多信息。

卑詩護理會 (CARE BC) 慶祝120週年紀念



今年是卑詩護理會(Care BC)為BC省社區服務達120週年。Care BC 前身是維多利亞護士團隊(VON)於1898年由加拿大總督夫人阿伯丁女士(Lady Aberdeen)所創立。當時由於有些省份欠缺醫療服務,而很多地方急切須要醫療幫助,最後得到加拿大全國婦女理事會決議通過,允許護士團隊在一些地區提供醫療服務。那時VON的分支分佈各省包括哈利法斯 (Halifax),金斯敦 (Kingston),蒙特利爾 (Montreal),多倫多 (Toronto) 和溫哥華 (Vancouver)。

同年,在克朗代克淘金熱(Klondike Gold Rush)期間由於4名VON護士勇敢深入探險地區幫助救援工作,VON因而聲名大噪。當時報章的報導亦表揚了這些女性"在尖銳和鋸齒狀的岩石上跳躍和攀爬,只有最強壯,最勇敢的女性才能承受得到的壓力"的而且確,當時VON護士團隊確實照顧了許多患嚴重傷寒流行病的受害者。

其後在1898年至1952年期間,VON在卑詩省開設了8個分支,提供護理和家庭支援服務:地區包括維多利亞(Victoria),本拿比(Burnaby),北溫哥華(North Vancouver),素里(Surrey),西溫哥華(West Vancouver),Trail,列治文(Richmond) 及 Nanaimo。 VON護士在沿海亦開設了平房醫院,為偏遠社區提供醫療護理,並幫助那些無力支付醫療保費的家庭。此外,VON在得到微小政府補貼和一些有心人捐款下,嘗試提供教育和分娩嬰兒服務予新任母親,及為年輕家庭收集衣物和用品,為社區弱勢社群提供免費醫療護理。

但隨著1964年溫省(Saskatchewan)引入全民醫療保險,VON護士團隊的角色發生變化。1968年全國正式推行醫療保障計劃,省級醫療服務資金分配亦起了重大轉變。儘管有籌款活動,但在沒有政府財政支持下,許多VON分支再也無法繼續提供服務。 1976年,卑詩省政府決定由公共衛生部門管轄全省醫療體系。此後不久,VON 在Surrey和Burnaby分支都須要關閉。及後當VON於2006年重組變為一個全國性組織後,VON BC則在BC省轉為一個獨立的慈善機構,並採用了現在的名稱Health & Home Care Society of BC (Care BC)。

Care BC的遠景是幫助有需要人仕及長者提供預防及支援性的社區及醫療服務,最終目的是希望能讓他們保持健康、愉快的狀態繼續在家裏生活及與社區聯繫。

現時Care BC慈善項目包括:

- 送餐服務: 自1967年開始西式送餐服務(MOW)和1996年開始中式送餐服務(CMOW),服務地區包括溫哥華及列治文。
- 家庭暫托中心:於2002年成立。服務對象主要是一些於精神及健康上需要支援的長者/患者,提供 一個有在家感覺的舒適環境及有益的閒娱活動來幫助客人保持身心健康。當中包括日托及夜托服務。
- 社區融合項目(CIP),於1999年成立。主要幫助一些殘疾人仕適應新生活。

雖然面對過去社區發展不斷的變化,我們組織多次的變動,但120年以來,我們的信念及承諾一直沒有變異;對社區付出的愛心、關懷及提供的社區服務,始終如一,讓我們一起攜手再走進另一個世紀!

2019年10月17日

門票正在熱賣中!請參與我們慶祝120週年第十一屆卑詩護理會籌款晚宴將於2019年10月17日(星期四)於麒麟海鮮酒家舉行(City Square Mall, Van)餐券\$98(\$50可獲退稅收條)。此活動將進行現場和無聲拍賣,以及大抽獎 - 所有收益將捐助卑詩護理會各項慈善項目。詳情請到網址:

www.carebcfoundation.ca/oct-17-2019-fundraiser

感謝各位義工!

2019年4月7至13日是加拿大全國「義工週」。加拿大政府希望透過這個活動去表揚義工精神!卑斯護理會(Care BC)特別安排這段時間在暫托中心舉行一年一度「義工表揚日」,感謝我們390多名員工及義工多年來的參與。我們邀請到卑斯護理會副主席兼司庫Doug Purdie出席是次表揚活動。他為我們頒發服務超過5, 10, 15, 20及25年襟章予義工們。更多有關活動相片於綱上查閱(cn.carebc.ca/events)



上圖:卑斯護理會副主席兼司庫Doug Purdie頒發服務獎予 Mike O'Neill(家庭暫托中心5年服務), Georgina Tsang (送餐服務10年), Gary Birtwistle (送餐服務25年)
下圖:卑斯護理會中式送餐義工與Care BC員工合照

2019年 6月26日

Care BC第120屆週年大會 (AGM) 將於6月26日 (3時45分至5時30分) 於溫 哥華家庭暫托中心 (Family Respite Centre: 2711 East 49th Ave., Vancouver) 進 行。當日將會作最新年度報告,如欲出席,請與Sheila聯絡 (電話 604-733-6614或電郵info@carebc.ca)

歡迎加入MACAULAY CLUB

感謝以下商號在2019年1月23日至 2019年5月9日成為我們 Macaulay Club成員(捐助超過\$500元或以上),幫助Care BC各項社區服務。

- Lee Turner & Associates Inc.
- Pacific Chinese Cultural Society of Canada
- Schein Foundation
- Vancouver Chinatown Lioness Club

同時亦感謝我們以下的項目伙伴:包括: Fair Haven Homes Society, The Vancouver Foundation, St. George's Place Society, Vancouver Coastal Health. 及鳴謝卑詩省政府的財務支援.