



- **Meals on Wheels** (*Vancouver, Richmond and the North Shore*)
- **Family Respite Centre**
- **Community Integration Project**

CARE BC: SUMMER UPDATES

August 2021

Dear Friends and Supporters of Care BC:

Despite this hot and very dry summer, I am hoping my brief update finds you and your loved ones well and safe. Care BC is looking forward to the fall and Phase 4 of the BC Government's Reopening Plan, with the possibility of fewer COVID-19 restrictions.

Care BC's essential **Meals on Wheels (MOW) programs** have continued to operate throughout the pandemic, serving homebound, isolated and vulnerable seniors in Richmond and Vancouver. In May, Care BC also willingly assumed the operations of the North Shore MOW program. We are pleased to support North Shore residents, as we move through a seamless, transition plan.

It's important to recognize however that all of our MOW programs could not exist without a team of loyal, dedicated, and caring volunteers. We salute and thank all the volunteers for their time and support. It has been a challenging 18 months, and our volunteers have gone above and beyond, to continue delivering hot, nutritious meals to our clients and to ensuring their safety.

Nevertheless, we are always in need of more volunteers! If you know someone who would be willing to join our volunteer team, please encourage them to visit www.carebc.ca/apply-now.

Care BC's **Family Respite Centre** partially re-opened in April. Despite significant, cautionary restrictions, guests were welcomed to return to the Adult Day Program, in person, and six overnight respite beds have continued to be available since August 2020. Restrictions have now been lifted. Once staff vacancies are filled, the programs will be operating again, at full capacity.

The Community Integration Project has continued to operate throughout the pandemic, assisting people with newly acquired disabilities to transition and adapt to their housing and daily living needs.

We are delighted to announce the scheduling of **Care BC's 12th Annual Fundraising Dinner & Auction on Thursday, October 21st, 2021 at the Continental Seafood Restaurant in Richmond**. This event will be emceed by the renowned Fred Lee, and include a 10 course Chinese meal, silent and live auctions, and special entertainment from "The Fab Fourever", Canada's Premiere Tribute Band to the Beatles. Proceeds from the evening will support all of Care BC's charitable programs but especially celebrate **25 years of Chinese Meals in Vancouver and Richmond**. To take advantage of 'early bird' pricing before Sept 7th, please visit www.carebcfoundation.ca/october-2021-fundraiser.

If you are not able to attend the event, and would be willing to make a donation to help subsidize the cost of every meal, to make them affordable for seniors, please visit www.carebcfoundation.ca/donate-now.

Once again, please let me sincerely thank all of Care BC's loyal friends, supporters and donors! We could not provide our charitable programs and impact so many, without your generous support.

Warmest Regards and Best Wishes

Inge Schamborzki RN, D.Ed.
Care BC Executive Director



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親愛的朋友及卑詩護理會的支持者：

大家好!首先，祝你和你的家人有一個愉快的夏日!隨著省府重啟計劃第四階段展開，我希望大家都可以重回一些以往的慣常活動。

我們感謝一直以來幫助我們送餐的義工們，在整個疫情大流行期間，他們堅守崗位去服務那些溫哥華及列治文的脆弱群體；在充滿挑戰的 18 個月中，我們的義工已超越了一切，每天為客人送上熱騰騰的餐食，使他們在疫情中仍然得到照顧。另外5月份，我們很高興在無縫過渡計劃中，承接了溫哥華北岸的送餐營運工作，開始為北岸的居民提供送餐服務! 我們知道，如果沒有一支忠誠、敬業和充滿愛心的團隊，我們所有的工作都不可能存在。我向所有送餐義工表示敬意和感謝。

當然我們希望會有更多更多的義工加入我們的團隊，讓更多人受惠；申請送餐義工，請到: cn.carebc.ca/volunteer-application

卑詩護理會的「家庭暫托中心」自4月重開後，客人可以回到日托服務，而到8月更進一步取消限制，我們更開放了6個夜間暫托房間予有需要之客人使用。當我們恢復全線員工崗位後，暫托中心將會完全正常運作。

今年是卑詩護理會[中式送餐服務] 25週年，我們非常感恩自1996年開始這個項目越來越多有需要的人受惠。為慶祝25週年，我們將於10月21日於幸運海鮮酒家舉行慈善晚宴；我們邀請了加拿大最佳樂隊組合The Fab Fouever 獻演 Beatles 多首名曲。Fab Fouever 是加拿大知名現代披頭士組合，我們誠意邀請你購票支持此次活動，在幫助我們籌務經費之餘，亦能一起慶祝一同走過的歲月! 9月7日前購買餐券，可享有\$128晨鳥優惠。購票請到 www.carebcfoundation.ca/tickets-oct-21-2021

如您無法參加活動，並願意捐款支持我們，請到捐款網址：

www.carebcfoundation.ca/donate-now

再次感謝所有卑詩護理會的忠實朋友、支持者和捐助者！沒有您們的支持，我們將無法繼續提供這些必須服務予社區有需要的人!

謝謝!

Inge Schamborzki RN, D.Ed.
Care BC Executive Director