



Supporting Meals on Wheels, the Family Respite Centre, and the Community Integration Project.

December 2021

Dear Friends and Supporters of Care BC:

I hope you are well and staying safe. As 2021 draws to a close, I would like to take this opportunity to thank everyone for your support throughout the year. While we progress through the effects of the COVID-19 pandemic, the Health and Home Care Society of BC (also known as Care BC)'s commitment to providing essential community services for vulnerable and isolated, homebound seniors has remained steadfast.

Care BC's essential **Meals on Wheels programs**, serving confined and lonely seniors in Vancouver, Richmond and the North Shore of Vancouver, continue to operate with the tremendous support of many dedicated and caring volunteers. I would like to acknowledge and extend a very special thank you to our volunteer team. We could not provide this vital, community service without their time and devotion!

The Community Integration Project (CIP), which assists people with newly acquired disabilities adapt to their housing and daily living needs, while maintaining their quality of life within their home and community, continues to support individuals and their families navigate through this significant transition.

Care BC's **Vancouver Family Respite Centre (FRC)** Adult Day and Overnight Respite Programs reopened earlier this year. Throughout the pandemic, caregivers have been challenged to care for their loved ones 24/7, within their homes, with limited resources. Gratitude is extended to the FRC staff for their dedication and willingness to adapt over the past 18 months to provide ongoing care and support (virtually, and by telephone) for our clients and their caregivers.

I am particularly pleased as well to announce that the development of Care BC's long-awaited second Respite Centre, the **North Shore Family Respite Centre (NSFRC)** is one step closer to becoming a reality. The Mayor and Council of the City of North Vancouver voted unanimously at a Public Hearing in late October to move forward with plans for a community hub redevelopment which will include the NSFRC. Artist renderings and fundraising plans for the Centre will be shared early in the New Year.

Care BC's **12th Annual Fundraising Dinner & Auction**, our first in-person event since 2019, was a great success. Even with capacity restrictions, our generous guests helped us raise over \$100,000 for Meals on Wheels and our other charitable programs.

As a not-for-profit organization, fundraising is one of the fundamental ways Care BC ensures that resources are in place to continue to provide critical community services. Care BC is deeply grateful for the commitment and generosity of our donors who keep our programs sustainable.

On behalf of the Care BC Board, staff and dedicated team of volunteers, I would like to wish you and yours a very Happy and Healthy Holiday Season and New Year. Thank you.

Warmest regards,

Inge Schamborzki RN, D.Ed.
Care BC Executive Director

PS - The holiday season is a particularly challenging and lonely time for many of our clients; more so than usual. To help support them through our vital programs, please consider making a donation now - www.carebcfoundation.ca/donate-now.



Supporting Meals on Wheels, the Family Respite Centre, and the Community Integration Project.

December 2021

親愛的朋友及卑詩護理會的支持者：

大家好! 希望你們一切平安及健康!。2021年即將結束，我想藉此機會感謝大家一年以來的支持。儘管 COVID 19 大流行帶來了前所未有的影響，卑詩護理會 (Care BC) 仍一直秉持我們的信念，為社區中的脆弱群體、獨居長者提供基本服務。

卑詩護理會主要工作之一「送餐服務」**Meals on Wheels**，是為溫哥華、列治文及北岸有需要的居民提供送熱餐服務，我要感謝一群熱心盡力的義工們，謝謝他們無私的付出! 我們知道，如果沒有一支忠誠、敬業和充滿愛心的團隊，這項重要服務是維持不到的!

另外，我們的社區融合項目(**Community Integration Project, CIP**)仍然繼續運作，該項目幫助那些因意外以致殘缺的人，重新適應新生活的工程，同時保持他們在家庭和社區中的生活質量。項目幸好沒有因疫情而停下來，一切運作正常。

家庭暫託中心 (**Family Respite Centre, FRC**) 成人日間及夜間服務於今年初重新開放。在整個大流行期間，我們知道照顧者 (Caregiver) 在有限資源下，是 24 小時全天候照顧親人所面對的挑戰及困難。感謝 FRC 護理人員在過去 18 個月內做出各樣的配合及適應，為我們的客戶及照顧者 (Caregiver) 提供持續的護理和幫助。

同時，我們非常高興地宣布第二個北岸家庭暫託中心(**North Shore Family Respite Centre, NSFRC**)的項目有了很大的進展! 北溫哥華市長和市議會在三讀後一致投票決定推進社區中心重建計劃，其中包括 (NSFRC) 北岸家庭暫托中心。相關籌款活動及進一步規劃將於明年初進行及公報。

[卑詩護理會]第12屆及[中式送餐服務 25 週年] 慈善餐會於月前完滿結束! 今年是我們自 2019 年以來的首次實體籌款活動，即使在疫情限制下，當日晚宴非常成功! 我們共籌得善款超過\$100,000! 感謝所有參加此次活動的嘉賓、捐助者及義工們!。

作為一個非營利組織，籌款活動是我們基本主要籌集足夠資源來運作重要社區服務予有需要的人。Care BC 非常感謝捐助者和支持者的承諾和慷慨，他們幫助我們可以保持項目的持續發展。

我代表 Care BC 委員會、工作人員和及義工們，祝您和您的家人有一個愉快假期!

謝謝!

Inge Schamborzki RN, D.Ed.
Care BC Executive Director

*在特別節日裡，社區中的脆弱群體或獨居長者，面對的孤單及困難相對大，請繼續支持我們對社區的工作，請立刻捐助 www.carebcfoundation.ca/donate-chinese.