



# REFERRAL TO MEALS ON WHEELS

Ph. 604-732-7638

Health & Home Care Society of BC • 204-3077 Granville Street, Vancouver, BC. V6H 3J9 • www.carebc.ca

Fax completed form to completed form to 604-733-6698 or e-mail to [wmow@carebc.ca](mailto:wmow@carebc.ca)

**Office Use Only:** CIMS \_\_\_\_\_ Meals Created \_\_\_\_\_ Info Sent \_\_\_\_\_ Confirmed \_\_\_\_\_ Area \_\_\_\_\_

Confirmation & Consent to Service: Service Times \_\_\_\_\_ Cancellation \_\_\_\_\_ Service Minimum \_\_\_\_\_ Tray Recycling \_\_\_\_\_

Desired Start Date: \_\_\_\_\_ (Pls. allow for two business days before first delivery. Min order is 5 meals.)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Mr / Mrs / Miss / Ms Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone \_\_\_\_\_  
Month Day Year

Apt # \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_

Special Delivery Instructions: (e.g. Slow to door; hard of hearing; buzzer code; other helpful info for volunteer) Pets: \_\_\_\_\_  
Kitchen: Fridge Freezer Stove Microwave

### Emergency

Contact #1: Name \_\_\_\_\_ Relation \_\_\_\_\_

Home Ph# \_\_\_\_\_ Work Ph# \_\_\_\_\_ Cell Ph# \_\_\_\_\_

### Emergency

Contact #2: Name \_\_\_\_\_ Relation \_\_\_\_\_

Home Ph# \_\_\_\_\_ Work Ph# \_\_\_\_\_ Cell Ph# \_\_\_\_\_

Case Manager/Other Contact(s) \_\_\_\_\_ Ph# \_\_\_\_\_

Family Doctor \_\_\_\_\_ Ph# \_\_\_\_\_

Living Arrangements: (please circle) Alone Family Friend Spouse/Partner Other \_\_\_\_\_

Referred By \_\_\_\_\_ Relation \_\_\_\_\_ Ph# \_\_\_\_\_

Reason for Referral/Medical Concerns: \_\_\_\_\_

**BILLING INFO:** Name \_\_\_\_\_ Relation \_\_\_\_\_ Ph# \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code \_\_\_\_\_

### Western Meal Diet Options: All Meals are low salt and low sugar

**HOT MEALS (\$6.25 incl. soup and dessert)** Mon \_\_\_ Tues \_\_\_ Wed \_\_\_ Thurs \_\_\_ Fri \_\_\_  
(Choose one option; available for Hot Meals only) Regular Soft Non-Red Meat

**FROZEN MEALS (\$5.25)** Mon \_\_\_ Tues \_\_\_ Wed \_\_\_ Thurs \_\_\_ Fri \_\_\_

**FROZEN BREAKFAST (\$4.75)** Mon \_\_\_ Tues \_\_\_ Wed \_\_\_ Thurs \_\_\_ Fri \_\_\_

**SANDWICH PACKS\* (\$3.00 incl. fresh fruit)** Mon \_\_\_ Tues \_\_\_ Wed \_\_\_ Thurs \_\_\_ Fri \_\_\_

\*available only in addition to a meal order

**Chinese Hot Meal:** (\$6.50 incl. entrée, steamed rice and tonic soup; delivered by Chinese-speaking volunteers)

Mon \_\_\_ Tues \_\_\_ Wed \_\_\_ Thurs \_\_\_ Fri \_\_\_

### Notes:

Routing: Mon Tues Wed Thurs Fri