



Health & Home
CARE
 Society of BC

WESTERN MEALS ON WHEELS: Depot Mileage Ranges for Meal Couriers (Vancouver & Richmond)

The Health and Home Care Society of BC reimburses mileage to Western MOW Meal Couriers (in Vancouver and Richmond) at a rate 59 cents per kilometre, based on the trip **from MAVA FOODS to the depot and back again**. *Mileage from your home to the kitchen is not reimbursed.*

The following mileage range chart is based on input from volunteers who drive to these depots on a regular basis. Please use these ranges as a guideline when filling out your reimbursement request.

Depot	KM Range
WEST END	30-33
CEDAR COTTAGE	18-22
DUNBAR	35-40
FRASERVIEW	11-15
KERRISDALE	22-26
MARPOLE & RILEY PARK	17-19
KITSILANO & MOUNT PLEASANT	25-28

Depot	KM Range
RICHMOND (round trip)	18-22
GRANDVIEW & STRATHCONA	25-29
KERRISDALE & DUNBAR	36-40
CEDAR COTTAGE & GRANDVIEW	25-29
MARPOLE/RILEY PARK & DUNBAR	35-40
RILEY PARK & FRASERVIEW	20-24
FRASERVIEW & CEDAR COTTAGE	18-22

We appreciate your support. Thanks for volunteering!